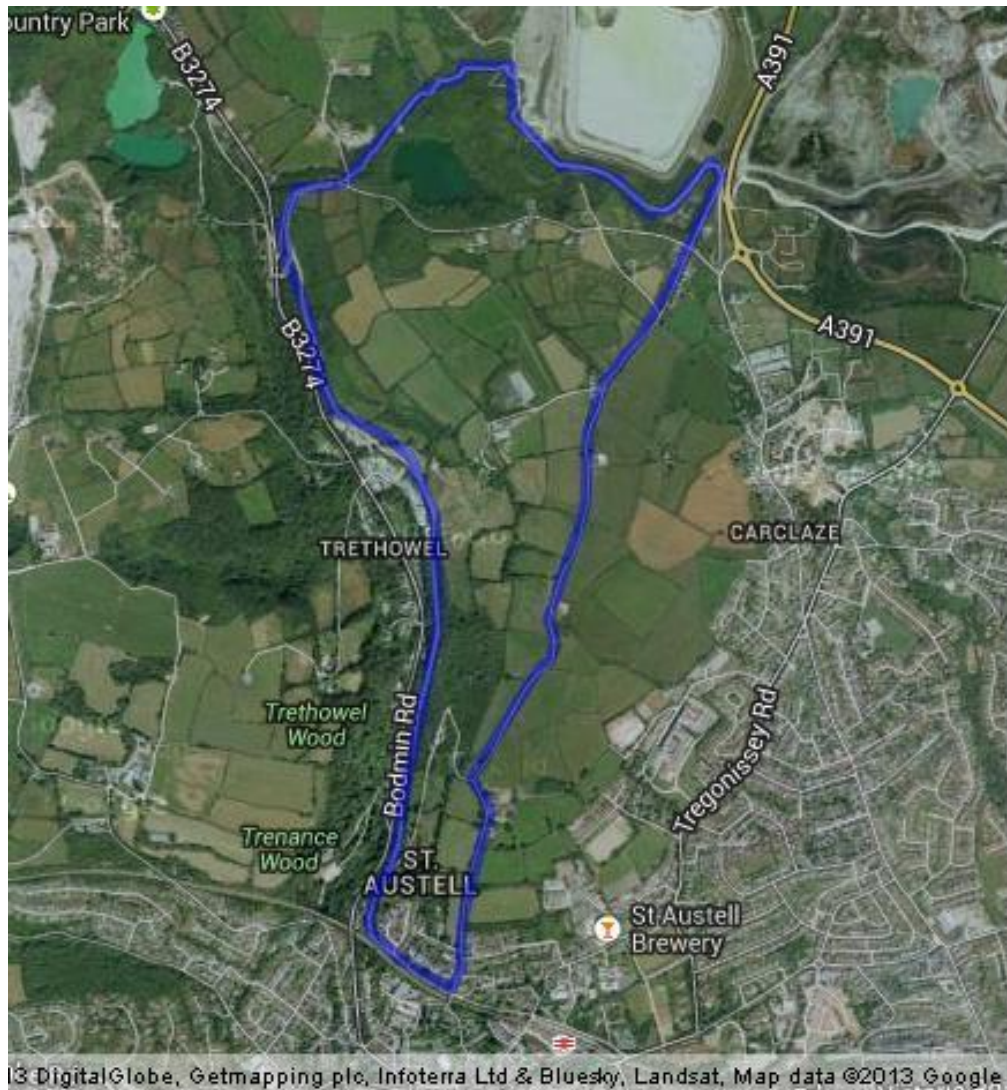




## Carclaze loop



**Suitable for**  
Walking, Cycling

**Distance**  
4.2 miles (6.7km)

**Terrain**  
A mixture of country lanes, loose gravel and some tarmac

**Highlights**  
Beautiful views of St Austell bay  
Take advantage of a route comprising of two clay trails

**Start/End point**

Address: Tremena Gardens,  
St Austell PL25 5QT  
OS grid reference: SX011530  
GPS coordinates: 50.342386,-4.795854



## Recommended maps

Ordnance Survey Explorer 106

## Parking

There is limited on street parking available at Tremena Gardens and Tremena Road and plenty of paid car parks in St Austell

## Public transport

St Austell has a main line train station with frequent trains running between London and Penzance.

## Directions and points of interest

This circular route is an amended and extended version of the St Austell circular route more suited to cyclists than walkers and will really blow away the cobwebs taking you up to the top of one of the highest hills overlooking St Austell Bay. Get up above the town and look out across the beautiful blue water to the day marker at Gribbin Head and maybe you'll even catch a glimpse of Fowey harbour over the headland.

Starting from Tremena Gardens head out towards the junction with Mennacuddle Hill. Take a left and carry on up Mennacuddle Hill until you cross over Drummers Hill and continue up Mount Stamper Road. Keep an eye out on the left-hand side and you will see a litter bin and a small path. Take the path and follow it round to the left. You will find yourself on National Cycle Route Two, on a wide stony trail.

Follow this downhill for about a quarter of a mile and take the first left hand fork that you come to. Take the next sharp left and follow the trail down the steep hill. Keep an eye out on the left side of the trail for an open grassy area with a fence all round; it's the ideal spot for a rest or even a picnic. Continue on the trail down the hill to a gate. Take care with children as there is a road crossing. Cross over into the trail and continue on the easy tarmac. After another quarter of a mile there is another fork. Bear left and keep on the trail for another mile and a half. Keep an eye out for a Carlyon Farm Kiln, a large ruined china clay drier on the left of the path.

You will come to a gate across a tarmac driveway. Cross over the small road whilst bearing left and cycle to the left of the wooden bollards. Follow the trail round to the left for about 100 yards until you emerge into Tremena Gardens back where you started.

## Facilities and attractions

### St Austell rail station

Café, toilets

### Pave Velo

Bike hire, café

### St Austell Brewery

Take a tour around one of Cornwall's largest independent breweries