



Eden Project to Bugle



Suitable for
Walking
Cycling
Horse riding

Distance
3.5 miles (5.6km)

Cycling grade
Blue, Moderate

Start point:

Eden Project, Bodelva, Cornwall, PL24 2SG
OS grid reference: SX049550
GPS coordinates: 50.366992,-4.74994

End point:

Rosevear Road, Bugle, Cornwall, PL26 8RJ
OS grid reference: SX018587
GPS coordinates: 50.392778,-4.786706



Terrain

Mostly flat with some inclines. The majority of the trail surface is uneven with some loose rock. There is a narrow muddy section on the first part of the trail.

Highlights

Beautiful woodland paths

A great view of the lake and a good spot for a picnic

Recommended maps

Ordnance Survey Explorer 107

Parking

Car parking is available at the Eden Project or at the end of the trail on Rosevear Road.

Public transport

[First's bus route 101](#) and [Western Greyhound 527](#) connect St Austell train station with the Eden Project. Bugle has a branch line [train station](#) which serves Newquay and Par.

Directions and points of interest

Starting from Eden Project's Banana Car Park, follow the signs to Bugle/Clay Trails. This takes you past Strawberry Car Park towards the exit. The first portion of the trail runs mostly parallel to the cars' exit route out of Eden. At the end of this path, turn left, cross the road and then cross over the second road at the roundabout. Look out for the granite boulder carved with 'Bugle' and join the path that runs parallel to the right of the road. This path leads you through a woodland area and then continues slightly downhill until you reach an opening.

Turn left and continue along the road for ¼ mile passing Innis Inn on your right. Turn right and re-join the trail where indicated by the blue Clay Trails sign. Follow the path, keeping the lake to your right. After ¼ mile you'll pass Lake View, a platform offering a stunning vista of the lake.

Continue on the path for another ½ mile until you reach a metal gate. Pass through the gate and then turn left onto the road following signs to Bugle. Continue along this road for ½ mile, then at the T junction turn right following the signs for Bugle.

After ¼ mile turn left off the road back onto the path, choosing the path that goes off to the left. Follow the trail as it inclines and winds around the edge of Rocks Tip. Continue along this path until you reach a sculpture of a horse, which marks the trail exit/entrance and the adjacent car park on Rosevear Road. The sculpture depicts a Shire horse; a reminder of the extensive role of working horses within the China Clay industry, especially along the mineral tramways.

Facilities and attractions

[Rescorla Farm B&B](#)

The owners of this B&B actively welcome walkers and cyclists.

[Innis Inn pub and campsite](#)

Public house and campsite

[Bugle Inn](#)

Public house serving food situated just down the road from the end of the trail.

[Eden Project](#)

Visit the world's largest rainforest in captivity. Cafe and shop available outside pay perimeter. Also available: bike racks, lockers, accessible toilets with baby changing facilities.

[Knightor Winery](#)

Offers food, drinks and wine tours by arrangement. Knightor can be easily reached from this trail. It is clearly signposted and can be accessed by turning right (heading towards Eden) at the Imerys Trebal Clay works.